# Market Kitchen

# Matcha Latte 4.1

High in anti-oxidants, this is also great for cognitive enhancement, liver support and relaxation.

## SUPER LATTES

#### Turmeric Latte 4

Turmeric has anti-infllatory properties, supports digestion & can also be good for your skin.

#### Beetroot Latte 4.2

A great source of mineral, beetroot can help lower blood pressure and boost your immunity.

# SMOOTHIES 5.50

Berrie Go-Round Strawberry, Raspberry, Blackberry **Detox Zing** Ginger, Courgette, Carrot, Blueberry, Banana

Pash 'n' Shoot Mango, Passionfruit, Pineapple

MOJU SHOTS Ginger 3.5

JUICE Apple | Orange | Pineapple | Tomato | Cranberry 3.5

UNLIMITED FILTER COFFEE £4

## BREAKFAST

Served 7.30 - 11.00

# Greek yoghurt 6.5 (v) Roasted plum compote, pumpkin seed granola, agave syrup

Coconut yoghurt available (vg)

Creamy porridge 4.5 (ve)
Banana, cashew nuts & maple syrup

Plant-based healthy breakfast 12 (ve)
Roasted butternut, grilled King
oyster mushroom, smoky BBQ beans,
toasted sourdough

Fruit salad 6 (ve,gf)

Mixed seasonal fruit & berries Add a scoop of Greek yoghurt or coconut yoghurt 3

**Eggs your way 8**Burford Brown eggs on toasted sourdough

Breakfast burger 13 Sausage & Nduja patty, fried egg, bloody Mary relish, brioche bun Gluten-free bun available French toast 9.5 (v) Chantilly, blackberries & smoked honey

Full English breakfast 16.5
Cumberland sausage, smoked bacon, black pudding, mushroom, tomato, baked

beans, hash brown, eggs your way.

Smoked salmon & avocado 12.5 Toasted rye bread Add an egg 2.5

# SIDES

Eggs each 2.5 | Cumberland sausage 4 | Black pudding 3

Hash brown 3 | Smoked salmon 5 | Crushed avocado 4 | Smoked bacon 3

Baked beans 2 | Tomato 2 | Mushrooms 3 | Spinach 3

#### MANAGED BY RHC

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