Market Kitchen

SUPER LATTES

Matcha Latte 4.1

High in anti-oxidants, this is also great for cognitive enhancement, liver support and relaxation.

Turmeric Latte 4

Turmeric has anti-inflammatory properties, supports digestion & can also be good for your skin.

Beetroot Latte 4.2

A great source of mineral, beetroot can help lower blood pressure and boost your immunity.

SMOOTHIES

5.50

Berrie Go-Round

Strawberry, raspberry, blackberry

Detox Zing

Ginger, courgette, carrot, blueberry, banana

Pash 'n' Shoot

Mango, passionfruit, pineapple

MOJU SHOTS Ginger 3.5

JUICE Apple | Orange | Pineapple | Tomato | Cranberry 3.5

BREAKFAST

Served 7.30 - 11.00

Greek yoghurt 6.5

roasted plum compote, pumpkin seed granola, agave syrup (v)

Coconut yoghurt available (vg)

Apple & cinnamon porridge 4.5

caramelised banana & pomegranate, coconut flakes (ve,gf)

Smoked tomato hash browns 9.5

chickpeas, coconut & cumin yoghurt (ve,gf)

Add an egg 2.5

Fruit salad 6 mixed seasonal fruit & berries (ve,gf)

Add a scoop of Greek yoghurt or coconut yoghurt 3

Eggs your way 8

Burford Brown eggs on toasted sourdough

Eggs Benedict burger 12.5

sausage patty, poached egg, nduja Hollandaise, English muffin

Gluten-free bun available

American-style pancakes 9.5 rhubarb compote, blood orange,

poppy seed chantilly (v)

Full English breakfast 16.5

Cumberland sausage, smoked bacon, black pudding, mushroom, tomato, baked beans, hash brown, eggs your way.

Smoked salmon & avocado 12.5

toasted sour dough

Add an egg 2.5

SIDES

Eggs each 2.5 | Cumberland sausage 4 | Black pudding 3

Hash brown 3 | Smoked salmon 5 | Crushed avocado 4 | Smoked bacon 3

Baked beans 2 | Tomato 2 | Mushrooms 3 | Spinach 3

MANAGED BY RHC

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market freshtotable